



Transatlantic Race 2011

Newport, RI to the Lizard, UK

February 16, 2011

To: Transatlantic Race 2011 participants

From: David Tunick, Chair, Safety and Technical Committee

Re: Medical Training

1. This changes the time period requirement in which a Senior First Aid Certificate or equivalent must have been received prior to the start of the race.
2. A Senior First Aid Certificate must be “current”, per ISAF OSR 6.05.2:

At least two members of the crew shall hold a current Senior First Aid Certificate or equivalent and should be familiar with the management of medical emergencies that may occur at sea including hypothermia, and radio communications operations for obtaining medical advice by radio. Each of these crew members shall also have undertaken the training required by OSR 6.01.

3. U.S.A.: “Current” can vary in the United States depending on the course. For example, the following are qualifying senior first aid certification courses:

A. American Heart Association

www.americanheart.org

Heartsaver FACTS – includes Heartsaver first aid course and AED (Automated External Defibrillator) training

Certification for 2 years

B. American Red Cross

www.redcross.org

First Aid, Standard First Aid (taught with Adult CPR at a workplace), and First Aid Basics (when taught alone as a community course)

Certification for 3 years

C. American Safety and Health Institute

www.ashinstitute.org

Basic First Aid

Certification for 3 years

D. National Safety Council

www.nsc.org

First Aid or Standard First Aid (when taught with CPR)

Certification for 3 years

4. U.K: “Current” when applied to a Senior First Aid Certificate in the UK generally means three years. If you are a UK participant, we urge you to check the validity of your certificate. The courses most commonly accepted as Senior First Aid as defined by ISAF are:
 - A. **RYA**
www.rya.org.uk/coursestraining/Pages/default.aspx
One day First Aid Course
Certification for 3 years
 - B. **STCW 95**
www.rya.org.uk/coursestraining/Pages/default.aspx
Elementary First Aid
Certification for 3 years
 - C. **Ships Captain's Medical Course**
www.rya.org.uk/coursestraining/Pages/default.aspx
Certification for 3 years
5. Europe and elsewhere: “Current” when applied to a Senior First Aid Certificate on the continent of Europe and elsewhere outside of the United States, varies. We urge you to check the validity of your certificate. This is the responsibility of the owner and/or captain of each vessel in the race. We will require a declaration confirming that a certificate is still current and not outdated. Some of the course information in Europe is as follows:
 - A. **France**
French Yachting Association - Course listing and training centers
www.ffvoile.fr/ffv/web/
 - B. **Germany**
German Sailing Association - Course listing and training centers
www.dsv.de
 - C. **Switzerland**
Red Cross First Aid
www.redcross.ch
 - D. **Netherlands**
Course listing and training centers
www.watersportverbond.nl
6. If you or members of your crew have taken a course outside the USA or the UK, or plan to do so, please submit the name and details of the course to the Safety and Technical Committee, as well as the date you took the course, at your earliest convenience so that we can confirm that it meets the required ISAF standards.
7. If you have a medical professional in your crew – a physician, a registered nurse, someone trained in EMT, etc. – that person may qualify as one of your two crew members who has to have had medical training. We will require a declaration of credentials.
8. Nothing else changes in the Safety and Technical Committee’s “Clarification Memo” of February 4, 2011.

FOR ANY QUESTIONS, PLEASE CONTACT DAVID TUNICK

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Or call 212-570-0090